

Olivia: The Bridesmaid

Olivia's account in *The Bridesmaid* begins with the relentless discomfort of residing beneath Jules and Will's bedroom, where every intimate detail of their life filters through the poorly soundproofed ceiling. Each muffled laugh and whispered word feels invasive, amplifying Olivia's sense of being an outsider in a world she doesn't belong to. Seeking escape, she considers wandering the island at night, an idea tempting yet tinged with danger given the island's rugged terrain and haunting solitude. Her isolation is compounded by a growing detachment from her friends since university, leaving her to battle her struggles alone. One of these battles, her tendency toward self-injury, surfaces briefly as a coping mechanism before being interrupted by Jules's arrival, intent on ensuring *The Bridesmaid* dress fits perfectly for the upcoming wedding.

The interaction between Jules and Olivia quickly shifts from surface-level civility to a tense interplay of unspoken truths and veiled concerns. Jules, always poised and determined, embodies the bride-to-be's perfectionist archetype, focused on the details that will make her wedding flawless. Olivia, in contrast, is adrift, her life marked by inertia and emotional detachment, which are reflected in her resistance to engaging fully with the dress fitting or the role she is expected to play. The process, initially mundane, becomes a symbolic representation of their relationship—a fragile bond held together by obligation rather than mutual understanding. Jules's silent observations of Olivia's weight loss and the faint scars on her arms suggest a recognition of deeper issues, yet she refrains from voicing her concerns, choosing instead to address the matter indirectly. Olivia, aware of Jules's scrutiny, retreats further into herself, her inner monologue revealing a whirlwind of self-doubt and feelings of inadequacy.

In Jules's impeccably decorated bedroom—a space that already feels oppressive due to Olivia's earlier auditory intrusions—the fitting becomes an emotional confrontation,

though few words are exchanged. Jules's sharp eye catches every detail, from the loose fit of the dress to Olivia's pale complexion, though her comments are carefully framed as practical observations rather than genuine worry. For Olivia, standing before the mirror beside Jules only sharpens the contrast between them. Jules, radiant and composed, seems to embody everything Olivia cannot be—confident, successful, and rooted in her identity. The shared reflection feels less like a moment of sisterly connection and more like an exposure of Olivia's shortcomings, leaving her feeling smaller, more invisible.

Despite this tension, an unexpected softness emerges from Jules—a fleeting moment where she reaches out to Olivia, her touch almost tender. It is a rare glimpse of vulnerability from the otherwise pragmatic Jules, an effort to bridge the widening gap between them. Yet Olivia, overwhelmed by the weight of her internal struggles and the pressure of Jules's expectations, cannot reciprocate. The gesture, though well-intentioned, falls flat, highlighting the disconnect between them. Jules is firmly grounded in the reality of her wedding and the life she is building, while Olivia remains trapped in a cycle of self-doubt and unresolved trauma, unable to meet Jules halfway.

The chapter concludes with a symbolic act of defiance from Olivia, a quiet yet profound rejection of her role in Jules's carefully curated world. Whether it's the way she brushes off Jules's advice, the lack of enthusiasm she displays, or her deliberate refusal to fully engage with the preparations, it's clear that Olivia is not just rejecting the dress but the expectations that come with it. As she leaves the room, her disoriented steps mirror the chaos within her—a young woman lost in the shadow of her past, uncertain of her place in the present. This moment encapsulates the essence of their strained relationship, a poignant mix of missed connections, unspoken truths, and the pain of loving someone you no longer fully understand.